

## Prayers to Be Learned:

(Sign of the Cross, Our Father, Hail Mary, and Glory Be to learned in the first year of preparation.  
Jesus Prayer to be learned in the second year.)

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### The Sign of the Cross

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.  
Amen.

### The Our Father

Our Father,  
who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done,  
on earth, as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass  
against us.  
And lead us not into temptation,  
but deliver us from evil.  
Amen.

### Hail Mary

Hail Mary, full of grace,  
the Lord is with you.  
Blessed are you among women.  
And blessed is the fruit of your womb,  
Jesus.  
Holy Mary, Mother of God,  
pray for us sinners,  
now, and at the hour of our death.  
Amen.

### The Glory Be

Glory be to the Father,  
and to the Son,  
and to the Holy Spirit,  
as it was in the beginning,  
is now,  
and ever shall be,  
world without end. Amen.

### The Jesus Prayer

*(used as an Act of Contrition for Confession)*

Lord Jesus,  
Son of God,  
have mercy on me,  
a sinner.